

	TERM 1	TERM 2	TERM 3
Nursery			
Reception	Introduction to PE : Unit 1	Ball Skills : Unit 1	Games : Unit 1
Year 1	Team Building Yoga Fitness Dance Fundamentals Dance Invasion Athletics Sports Day Practice Striking and Fielding Sending and Receiving	Team Building Yoga Fundamentals Dance Fundamentals Dance Invasion Ball Skills Sports Day Practice Striking and Fielding Sending and Receiving	Team Building Yoga Fitness Dance Fundamentals Dance Invasion Athletics Sports Day Practice Striking and Fielding Sending and Receiving
Year 2	Team Building Yoga Target Games Gymnastics Dance Fundamentals Dance Invasion Athletics Sports Day Practice Striking and Fielding Sending and Receiving	Team Building Yoga Fundamentals Dance Fundamentals Dance Invasion Ball Skills Sports Day Practice Striking and Fielding Sending and Receiving	Team Building Yoga Fitness Dance Fundamentals Dance Invasion Athletics Sports Day Practice Striking and Fielding Sending and Receiving
Year 3	Yoga Dance Ball Skills Y3/4 Netball Gymnastics Football Sports Day Practice Athletics Roulers	Yoga Dance Ball Skills Y3/4 Netball Gymnastics Football Sports Day Practice Athletics Roulers	Yoga Dance Ball Skills Y3/4 Netball Gymnastics Football Sports Day Practice Athletics Roulers
Year 4	Gymnastics OAA Dance Ball Skills Y3/4 Yoga Hockey Fitness Roulers Sports Day Practice Swimming	Gymnastics OAA Dance Ball Skills Y3/4 Yoga Hockey Fitness Roulers Sports Day Practice Swimming	Gymnastics OAA Dance Ball Skills Y3/4 Yoga Hockey Fitness Roulers Sports Day Practice Swimming
Year 5	OAA Yoga Swimming Football Dance Tag Rugby Dance Hockey Sports Day Practice Cricket	OAA Yoga Swimming Football Dance Tag Rugby Dance Hockey Sports Day Practice Cricket	OAA Yoga Swimming Football Dance Tag Rugby Dance Hockey Sports Day Practice Cricket
Year 6	Yoga OAA Netball Football Fitness Dance Gymnastics Athletics Swimming	Yoga OAA Netball Football Fitness Dance Gymnastics Athletics Swimming	Yoga OAA Netball Football Fitness Dance Gymnastics Athletics Swimming